



West Kirby Primary School
Anglesey Road, West Kirby, Wirral, CH48 5EQ

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13th June 2022

Dear Parents & Carers,

This term in PSHE (Personal, Social and Health Education) lessons, we will be teaching a unit called **Growing and Changing** across the school. We wanted to take this opportunity to share some of the content/terminology of these lessons as we have not delivered this part of the SCARF curriculum since we established it within our school curriculum.

Since September 2021, we have followed the SCARF scheme by Coram Life Education. Everything we teach is a statutory requirement. You can read more about these requirements and our PSHE curriculum [on our website](#) and in the attached government guide for parents.

In this unit, the correct names for parts of the human body are taught. This is also part of the Science National Curriculum. It can feel tricky and embarrassing for some parents and other adults to use the correct terminology for private parts; however, key messages from research as well as consistent reports from those that work in child psychology and child protection have established that doing so reaps many positive benefits.

The words penis, vulva, vagina and bottom will be used in Year 1 and Year 2. In Year 3 and Year 4, the term puberty will be introduced, but only a brief overview is given about bodies changing and hormones sometimes making people act differently. In Year 5 and Year 6, pupils will learn in more detail about how the body changes during puberty, including through a session delivered by the School Nurse. Please note that we as a school have decided not to teach sex education, as this is optional at primary school level.

The Growing and Changing unit also covers the challenges brought on by change. This is a good time to start to prepare for the next year group, and this will be discussed in lessons as well as other changes experienced in life such as moving house. The PSHE lessons include how to manage the emotions which can arise in these situations and who can support them.

If you would like any more information about the content of these lessons, please contact us through the key stage emails.

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Yours sincerely,

Mrs E Bailey (Headteacher)
Mr M Procter (PSHE/Wellbeing Lead)

