## Week 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Corned beef Hash <br> Diced corned beef mixed with mashed potatoes and onions then baked in the oven until golden | Mexican Tacos <br> Fresh chicken strips cooked with mixed peppers and onions in Fajita seasoning served in a Taco shell | Roast Dinner Choose from home roasted boneless leg of pork, served with roast potatoes and gravy | Lasagne <br> Minced beef cooked with onions, garlic, tomatoes, and herbs and layered between pasta sheets and topped with a béchamel sauce |  <br> Chips <br> Pieces of chicken breast covered in battered and baked in the oven served with chips |
| Served with |  |  |  |  |
| Baked Beans | Corn on the Cob | Seasonal Vegetables | Broccoli | Peas |
| Or |  |  |  |  |
| Jacket potatoes <br> served with a side salad are also available daily - chooses from a variety of fillings cheese, tuna mayo, ham, turkey \& baked beans (when available) |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar - Available Everyday <br> Choose from a selection of panini's, homemade quiche or design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef and egg, all served with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers. |  |  |  |  |
| And for dessert |  |  |  |  |
| Chocolate Sponge with Vanilla Custard | Meringue Pinnata's with Choc Drizzle | Assortment of Ice Cream | Strawberries \& Cream | Millionaire Shortcake |
| Fresh Fruit, Fruit Pots, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |
| And finally, a drink |  |  |  |  |
| A selection of the following drinks will be available daily freshly made milkshakes - strawberry \& Chocolate, fresh fruit juice - apple, cranberry or orange or water. |  |  |  |  |

PLEASE NOTE: Vegetarian, Vegan and Gluten Free options are available daily

## Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Rainbow Pasta <br> Penne pasta served with mixed peppers, onions, cherry tomatoes, baby corn and green beans, drizzled with olive oil and topped with cheese | BBQ Chicken <br> Fresh chicken pieces cooked in a homemade barbeque sauce and served with a Mediterranean rice | Roast Dinner <br> Choose from home roasted topside of beef or a Quorn fillet served with roast potatoes \& gravy | Fajita's <br> Fresh chicken strips cooked with mixed peppers and onions in Fajita seasoning served in a floured tortilla | Sausage \& Chips <br> Choose from a butcher's quality sausage or a Quorn sausage with chips |
| Served with |  |  |  |  |
| Sweetcorn | Green Beans | Seasonal Vegetables | Corn on the Cob | Baked Beans |
| Or |  |  |  |  |
| Jacket potatoes <br> served with a side salad are also available daily - chooses from a variety of fillings cheese, tuna mayo, ham, turkey \& baked beans (when available) |  |  |  |  |
| Or |  |  |  |  |
| Deli Bar - Available Everyday <br> Choose from a selection of panini's, homemade quiche or design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef and egg, all served with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers. |  |  |  |  |
| And for dessert |  |  |  |  |
| Viennese Whirls | Iced Cup Cakes | Raspberry Ripple <br> Mousse | Homemade Rice Pudding with Jam | Victoria Sponge |
| Fresh Fruit, Fruit Pots, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |
| And finally, a drink |  |  |  |  |
| A selection of the following drinks will be available daily freshly made milkshakes - strawberry \& Chocolate, fresh fruit juice - apple, cranberry or orange or water. |  |  |  |  |

PLEASE NOTE: Vegetarian, Vegan and Gluten Free options are available daily

## Week 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Pork Stir Fry <br> Strips of fresh pork cooked with onions, peppers, carrots, mushrooms, beansprouts, garlic, and soy sauce, and served on a bed of noodles | Homemade Pizza <br> A pizza base topped with a homemade pizza sauce, cheese, and various toppings, served with salad potatoes | Roast Dinner <br> Choose from home roasted leg of lamb or a Quorn fillet served with roast potatoes and gravy | Homemade Burgers <br> Fresh minced, salt and pepper moulded into burgers and baked in the oven and served in a bun with potato wedges | Fish and Chips <br> Pieces of cod fillet battered, par fried and then baked in the oven and served with chips |
| Served with |  |  |  |  |
| Sweetcorn | Corn on the Cob | Seasonal Vegetables | Peas | Mushy Peas |
| or |  |  |  |  |
| Jacket potatoes <br> served with a side salad are also available daily - chooses from a variety of fillings cheese, tuna mayo, ham, turkey \& baked beans (when available) |  |  |  |  |
| or |  |  |  |  |
| Deli Bar - Available Everyday <br> Choose from a selection of panini's, homemade quiche or design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef and egg, all served with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers. |  |  |  |  |
| And for dessert |  |  |  |  |
| Flapjack \& Custard | Cookie of the Day | Ice Cream Wafers | Chocolate Brownie | Iced Orange Sponge |
| Fresh Fruit, Fruit Pots, Yogurt or Cheese \& Crackers are available everyday as an alternative to the daily dessert. |  |  |  |  |
| And finally, a drink |  |  |  |  |
| A selection of the following drinks will be available daily freshly made milkshakes - strawberry \& Chocolate, fresh fruit juice - apple, cranberry or orange or water. |  |  |  |  |

PLEASE NOTE: Vegetarian, Vegan and Gluten Free options are available daily

