

# Literacy, Communication & Language

## Pick & Mix

### F1

Put some rice/lentils/flour/salt/ soil in a tray. Using your fingers can you draw circles/zigzags/swirls/any letters and your name.

You could also use shaving foam, shampoo, hair gel if you don't mind getting a bit messy!



Share a story with a grown up. Did you enjoy the story? Can you remember some of the things that happened in the book. Which was your favourite illustration?

Use your teddies or toys to be the characters in a story. You could choose one of your favourite books and use your teddies to act it out while a grown up reads it to you. Which was your favourite part of the story? Who was your favourite character?



Build a cosy reading den. This could be indoors or outside. Which book will you take into your den to read?

Have a go at Squiggle Whilst you Wiggle, here is a demonstration of the first 3 moves :

<https://www.youtube.com/watch?v=ptFAL-eSvxU>



Make some salt dough and use it to do some dough disco to nursery rhymes. Follow this link for an example.

<https://www.youtube.com/watch?v=KSB08N4ctJg>

Use some chalks to draw a hopscotch grid outside. Draw some pictures or write some numbers or letters in each square and then have a go at playing hopscotch. Maybe you could also use your chalks to draw a rainbow.



Find a paint brush and a pot of water. Put on some music with a good beat and paint the floor or wall to the beat. See what marks you make.



Make up a story together and ask your grown up to write it down so that you can keep it to retell again and again. You could use your small world toys to help you. Maybe you could be an illustrator and draw pictures to go with your story.



Make a card for someone special.

Play Simon Says

Start with 1 instructions, e.g. Simon says as hop on 1 leg. You could then move on to 2 instructions, e.g. Simon says hop on 1 leg and clap your hands. Only do it if Simon Says!



Hide a small toy in your house or garden. Can you give your grown up instructions about how to find it? For example you could say 'walk forwards, go past the chair, lift up the cushion....'