



Bike It Breakfast

WKPS invite you to get into gear for a Bike It Breakfast.

When is it happening? * Tuesday 9th October 2018

Where is it happening? * West Kirby Primary School

What is happening? * A FREE breakfast for <u>ALL</u> who arrive by bicycle

or scooter between 8.15am and 8.40am (no entry

after 8.40am)

On Tuesday 9th October 2018 we will be holding a Bike It Breakfast event.

N.B. The responsibility for your child cycling / scooting safely to and from school rests with the parent(s)/carer(s). The school has no liability for any consequences of that decision. Parents are advised to take out appropriate insurance cover for the bikes/scooters as the school's insurance does not cover loss or damage to bicycles/scooters.

A few crazy facts to ponder

- As a nation we are all <u>actively travelling</u> less. We're burning huge quantities of <u>'fossil fuel'</u> on the school run. We're <u>'heating up and</u> <u>polluting'</u> our children's planet. We're facing an <u>'obesity epidemic'</u> in our children...
- The majority of cars on the road between 8.00 & 9.00am and 3.00 & 4.00pm are school run cars.
- Most car journeys to school are <u>less than 3 miles</u>. It is within these first few miles that our cars are the most polluting. <u>Are we 'driving' our children to 'extinction'?</u>
- Teachers say that Bike It children arrive energised, excited & ready to learn.
- 90% of children own a bike. 33% want to cycle to school. Only 1% of children actually do.
- A 15 minute walk to school takes 3 minutes to cycle and 3 minutes by car
 but how long to park?

In order to run this event we need parents to help organise and serve on the Bike It Breakfast morning! If you are available to help please leave your name at the School Office.