

# KS1 Cycle B

## Knowledge Organiser



## Spring 1—Keeping Safe

### Key questions

#### Safe and Unsafe Secrets

Are secrets safe?

Do all secrets need to be kept secret?

Who is a safe person to talk to?

#### Appropriate Touch

Are all touches ok?

If something feels wrong, what can someone do to stay safe?

How can you help someone who has been asked to keep an unsafe secret?

Who is a safe person to talk to?

#### Medicine Safety

Are medicines always helpful?

What can people do to help themselves get better?

Why can a medicine be harmful?

How can someone stay safe with medicines?

### Key vocabulary

medicines feelings tell  
safe touch worried  
secret surprise unsafe  
private uncomfortable  
someone you trust

### I can ...

I can give some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong..

II can give other examples of touches that are ok or not ok (even if they haven't happened to me) and I can identify a safe person to tell if I felt 'not OK' about something.

I can explain that they can be helpful or harmful, and say some examples of how they can be used safely.