



Year 3 Daily Timetable

	Morning			Daily Non-screen Activity	Afternoon
Monday Start and Finish with a calming activity	Reading & Spelling	English (Reading)	Times tables or Number bonds Maths		Choose two foundation subjects and complete the activities
Tuesday Start and Finish with a calming activity	Reading & Spelling	English (Writing)	Times tables or Number bonds Maths		Choose two foundation subjects and complete the activities
Wednesday Start and Finish with a calming activity	Reading & Spelling	English (Reading)	Times tables or Number bonds Maths		Choose two foundation subjects and complete the activities
Thursday Start and Finish with a calming activity	Reading & Spelling	English (Writing)	Times tables or Number bonds Maths		Choose two foundation subjects and complete the activities
Friday Start and Finish with a calming activity	Reading & Spelling	English (Writing)	Times tables or Number bonds Maths		Practical activities & Weekly Reflection