

10  
February

THURSDAY  
18.00-19.00

PLEASE NOTE THIS IS A  
REPEAT OF THE MEETING  
HELD IN JUNE 2021

An online session for parents and carers with

Mr Procter, our Mental Health and Well-Being Lead.

Join us as we share how we support the pupils' well-being at West Kirby  
Primary, so you can reinforce the key messages and practices at home.



WHAT TO EXPECT...

- Guidance and practical activities to support your child's well-being.
- Key principles which help to promote excellent mental and emotional health.
- Tools to understand and manage emotions; feel calm and in control; feel resilient and confident.

All parents and carers will be emailed the link to join us on teams.

**WEST KIRBY**  
PRIMARY SCHOOL