



27/4/20

Dear Parents/ Carers,

A shorter update this week- with apologies for the length of last week's message- it was an attempt to address some of the queries we have received about home learning. Thank you to everyone who provided us with feedback about this on our questionnaire last week. We will collate these responses and report back on the points raised next week. The most important thing to know is that the resources are there to provide support not additional stress and to be used as they suit your family. The email query lines are for you to use to make contact with staff- and for your children to message staff too. These messages are read and replied to daily from Monday-Friday each week.

Safety and wellbeing

The most important priority for all of us is to stay safe and to look after our wellbeing. This week, on our website homepage are Tips for Parents to keep children safe on line. In our news section underneath, there are links to activities to support the wellbeing of children including free chess lessons and the Coronavirus book.

Under Learning from Home links, the Anna Freud link and the British Psychological Society link give advice for parents to support the mental health and wellbeing of children through this crisis. Scroll down to find Get cooking with Jamie Oliver and then Mindful and Mindfulness which have information and resources for parents. Please click on the link below to find information and places to access further support for the mental health and wellbeing of adults:-

<https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19>

We realise there are a wide range of different pressures on families and staff in school are happy to take calls during school hours from parents wanting to talk to us or who need to seek advice or support.

With best wishes

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