## **Follow the leader**

## **How to play…**

### Choose one person to be the leader. Everyone else gets into a line behind them.



### The leader sets off walking. Every few steps, they shapeshift into a move that everyone in the line has to copy, like a star jump, running on the spot or a dance move. Try to come up with as many different ones as you can!

### After 10 shapeshifts, the leader goes to the back of the line and the new leader starts shapeshifting.

 

1.  Keep going for 10 minutes!