



YOUTH CONNECT 5

Supporting the emotional
wellbeing of young people

A free, five-week course for parents and carers – starts 18.00 Monday 15 January, West Kirby Primary School. For more information and to book visit:

www.youthconnect5.org.uk or email jemmettalan@gmail.com for information.

Youth Connect 5 gives you the knowledge, skills and understanding to help your children develop strong emotional wellbeing. It will:

- Give parents and carers the knowledge, empathy, skills and tools to promote resilience and wellbeing for children and young people.
- Strengthen parent's and children's resilience.
- Increase confidence and parental ability to support their child.
- Improve parent/child relationships.