

KS1 Cycle B

Knowledge
Organiser



Summer 2—Growing and Changing

Key questions

Life Cycles

What helps us to grow?

Who helps us to grow?

What can you do by yourself now?

What are you looking forward to
when you are 10 years old?

What are you looking forward to
when you are 21 years old?

Dealing With Loss

How does it feel to lose
something?

How does it feel to say goodbye
to someone or something for a
long time?

Can we stay in touch with
someone? How?

Being Supportive

What positive things can we say to
someone about something they
have done?

Why is it good to help someone?

What is a good way to help
someone if they are finding
something difficult?

Key vocabulary

supportive loss change

nipples food feelings

help forward growig

penis care goodbye

learning safe upset

vulva

I can ...

I can tell you who helps us grow
(people who look after us) and
what things I can now do myself
that I couldn't when I was
younger.

I can give examples of how it feels
when you have to say goodbye to
someone or something (e.g. move
house).

I can give examples of how to give
feedback to someone.