Year 4 Residential Trip - Winmarleigh

Holdall or Soft Bag: Your child's clothes should be packed in this for ease of packing on the coach and for storing in the bedrooms under the beds.

This is a suggested kit list for your child's time in Winmarleigh we recommend old clothes and lots of layers. As the UK weather conditions are unpredictable and the added likelihood of getting muddy at certain activities, more than 1 outfit per day may be needed. It would help us enormously if you could name all items of clothing.

Toiletries	Shoes	Other
Toothbrush Toothpaste Flannel/Sponge Soap / Shower gel Shampoo Hairbrush / Comb Bobbles for long hair Hair must be tied back Two Towels	 Slippers for indoors (not 'big' novelty slippers) Trainers Wellingtons (in a separate carrier bag with a clothes peg to keep them together) or water-proof walking boots 	 Plastic water bottle Waterproof jacket Waterproof trousers (optional) Nightwear Underwear Socks Plastic bag for dirty washing Teddy bear (not too big)
* NO aerosol sprays (due to sensitive fire alarms)		 Reading book / Puzzle book & pen Sun-cream (named)

Activity	To wear	Not to wear	Notes
Water Based	Warm clothing		Towel
Activities	Closed toe shoes	Jeans	Layers to keep
(Raft Building &	Old clothes	Heavy cotton	warm
Canoeing)	Swimwear (not essential)		Dry shoes
Rope Sessions			
(Climbing, Low	Sturdy footwear	Open-toed shoes	Warm clothing in
ropes, Zip Wire,	Tops that cover the	Jeans	case of cold
Giant Swing,	shoulders		weather
Sensory Trail)	Long trousers		Layers
Archery	Flat shoes		Avoid loose
	Long sleeved top (Close		clothing
	fitting)		
Campfire	Long trousers		Layers to keep
	Long sleeves		warm
	Waterproof coat		

- NO Electronic Games, Torches, Jewellery or Mobile Phones.
- A book and a cuddly toy for bed time.
- Your child will need a packed lunch for the first day in a backpack, which they will eat on arrival. In this
 backpack, the children will also need clothes for water sports and a spare set of clothes and shoes with a
 towel, as they will do activities straight after lunch.

This will need to be packed separately from their main luggage as they will not have access to it until 5pm.

- Please get your child to help you pack their bag, so they know where everything is.
- MEDICATION To be handed to staff on the morning of the trip. You will need to sign and confirm
 dosage with the lead member of staff. Children who carry inhalers should carry it themselves.