

# KS1 Cycle A

## Knowledge Organiser



## Autumn 1—Me and My Relationships

### Key questions

#### Feelings

- Do we have the same feelings?
- Why do we have different feelings?
- How do we show our feelings?
- What can we do when we have 'not so good' feelings?
- What are safe and healthy ways to get angry energy out?
- How can we help our feelings come out?

#### Getting Help

- When do you need to ask for help?
- Who can help you if you need help?

#### Classroom Rules

- Who are classroom rules for?
- Why do we need classroom rules?
- What would school be like if we didn't have classroom rules?
- Are classroom rules for the children or the teachers?
- What can help children to keep the classroom rules?

### Key vocabulary

friends	help
rules	family
hurt	safe
feelings	listen

### I can ...

I can name a variety of different feelings and explain how these might make me behave.

I can think of some different ways of dealing with 'not so good' feelings.

I know when I need help and who to go to for help.

I can tell you some different classroom rules.